



Excellence in Equestrian Athletics

Oregon High School Equestrian Teams

The Oregon High School Equestrian Team competition and program supports, challenges, and offers recognition to the dedicated teenagers who both physically and mentally pursue the sport of equine competition. This program will help students develop lifetime skills, teamwork, and self discipline.

The program was first formed in 1993 in Southern Oregon. Now as a statewide program, it runs through out high schools as a winter/spring sport with three main competitions, two of which the athlete must compete in to be eligible for the state championship competition. Those athletes who are eligible and qualify at their district may compete in a state championship meet with competition against all district winners.

Athletic or activity letters may be awarded to athletes meeting the lettering requirements.

Each athlete pays a participation fee to his/her district to cover the costs of competitions, hiring of officials, insurance, etc. All other costs of transportation, stalls, equipment, team shirts and lodging are the responsibility of each athlete. Teams are encouraged to hold fundraisers to offset expenses.

Students are encouraged to organize their school equestrian team at the beginning of the school year in order to obtain administrative approval, canvas their school for members, hold regular

meetings, organize fundraisers, and design and order their team shirt, before competitions begin.

Participating Schools

Central Oregon District

Baker, Bend, Burns, Crook, Dufur, Helix, Hermiston, Hood River, La Grande, LaPine, Lakeview, Madras, Mountain View, Paisley, Pendleton, Redmond, Sherman, Sisters, Summit, The Dalles - Wahtonka

North East District

Centennial, Clackamas, Columbia Christian, Corbett, David Douglas, Estacada, Gresham, Portland Christian, Sam Barlow, Sandy

North Valley District

Amity, Canby, Central, Dallas, Gervais, McMinnville, Newberg, North Marion, Perrydale, Sherwood, Silverton, Tigard, Tualatin, Willamina, Yamhill-Carlton

North West District

Astoria, Banks, Beaverton, Century, Forest Grove, Gaston, Glencoe, Hillsboro, Knappa, Liberty, Lincoln, Rainier, Scappoose, Southridge, St. Helens, Valley Catholic, Vernonia, Westview, Wilson

Southern Oregon District

Ashland, Bonanza, Crater, Eagle Point, Grants Pass, Henley, Hidden Valley, Illinois Valley, Klamath Union, Lost River, Mazama, North Medford, North Valley, Phoenix, Prospect, Rogue River, South Medford

South Valley District

Brookings Harbor, Churchill, Coquille, Cottage Grove, Creswell, Douglas, Elmira, Gold Beach, Harrisburg, Junction City, Lowell, Marshfield, Myrtle Point, North Bend, North Eugene, Pleasant Hill, Reedsport, Riddle, Roseburg, Sheldon, Siuslaw, South Eugene, Springfield, Thurston, Willamette

Tri River Valley District

Colton, Gladstone, Lake Oswego, Lakeridge, LaSalle, Molalla, Oregon City, Rex Putnam, West Linn, Wilsonville

Willamette District

Cascade, Central Linn, Crescent Valley, Corvallis, East Linn Christian Academy, Jefferson, Lebanon, McKay, McNary, Newport, North Salem, Philomath, Salem Academy, Santiam, Santiam Christian, Scio, South Salem, Sprague, Stayton, Sweet Home, West Albany, West Salem

Is your school listed? If yes, then look at the back of this brochure to find the person to contact for that district. If no, contact the OHSET EQUINE SPORTS LIAISON on the back of this brochure.

2007-2008 Calendar of Events

Sept. Begin Organizing School Teams

Dec 1 Practice begins after registration materials are turned in.

Dec 1 The Open Meeting

District Competitions .. Each OHSET District schedules dates & locations

May 15–18..... State Championships
Deschutes County Fairgrounds
Redmond Oregon

CLASSES OF COMPETITION

Listed below are the classes your district and school can compete in:

Pattern Classes

Dressage, Hunt Seat Equitation,
Hunt Seat EQ Over Fences,
In Hand Trail, Trail,
Reining, Driving,
Saddle Seat Equitation,
Showmanship, Stock Seat
Equitation and Working Rancher

Timed Classes

Break-away Roping, Barrels,
Keyhole, Figure 8, Pole Bending,
Individual Flags, and Steer Daubing

Team Classes

Team Penning, Drill,
In Hand Obstacle Relay,
Working Pairs, Canadian Flag Race,
and Two Man Birangle

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Get Information and Join

Students in grades 9-12 can contact a District Chair listed below or visit www.OHSET.com for online information on how to start a team or where to join.

Central Oregon Candi Bothum
(541)548-0573
EquineConnect@aol.com

North East Chris Dinsmore
(503)678-6595
dinsmore_chris@yahoo.com

North Valley Karissa Dishon
(503)266-4012
karissadishon@yahoo.com

North West Donna Espelien
(503)543-2519
ardonnas@centurytel.net

Southern Oregon Jim Roper
(541)476-8177
roperjrs@budget.net

South Valley Larry Wicklund
(541)746-3725
svohsetchair@peak.org

Tri River Valley Todd Gray
(503)829-8506
garyt@molalla.net

Willamette Pam Miller
(503)581-1445
rmiller0809@comcast.net

OHSET STATE CHAIR Linda Crawford
(541)597-2899
forthay@frontiernet.net

OHSET LIAISON JoAnn Oswald
(503)623-6559
oswaldd99@yahoo.com



**1300 Students & 170 High Schools
participated in OHSET in 2007**

ASK YOURSELF

Are you an Oregon High School Student?

Do you like to ride horses?

Would you like to have an equestrian team at your high school and earn your high school letter competing with your horse?

Want to do something more than just another horse show?

Want to qualify for OHSET Scholarships?

If you answered yes to any of the questions above, then consider OHSET! Read this brochure, check out the website www.OHSET.com or contact your areas district chair (phone numbers and emails included in this brochure)

Join OHSET and Strive for:
"Excellence in Equestrian Athletics"