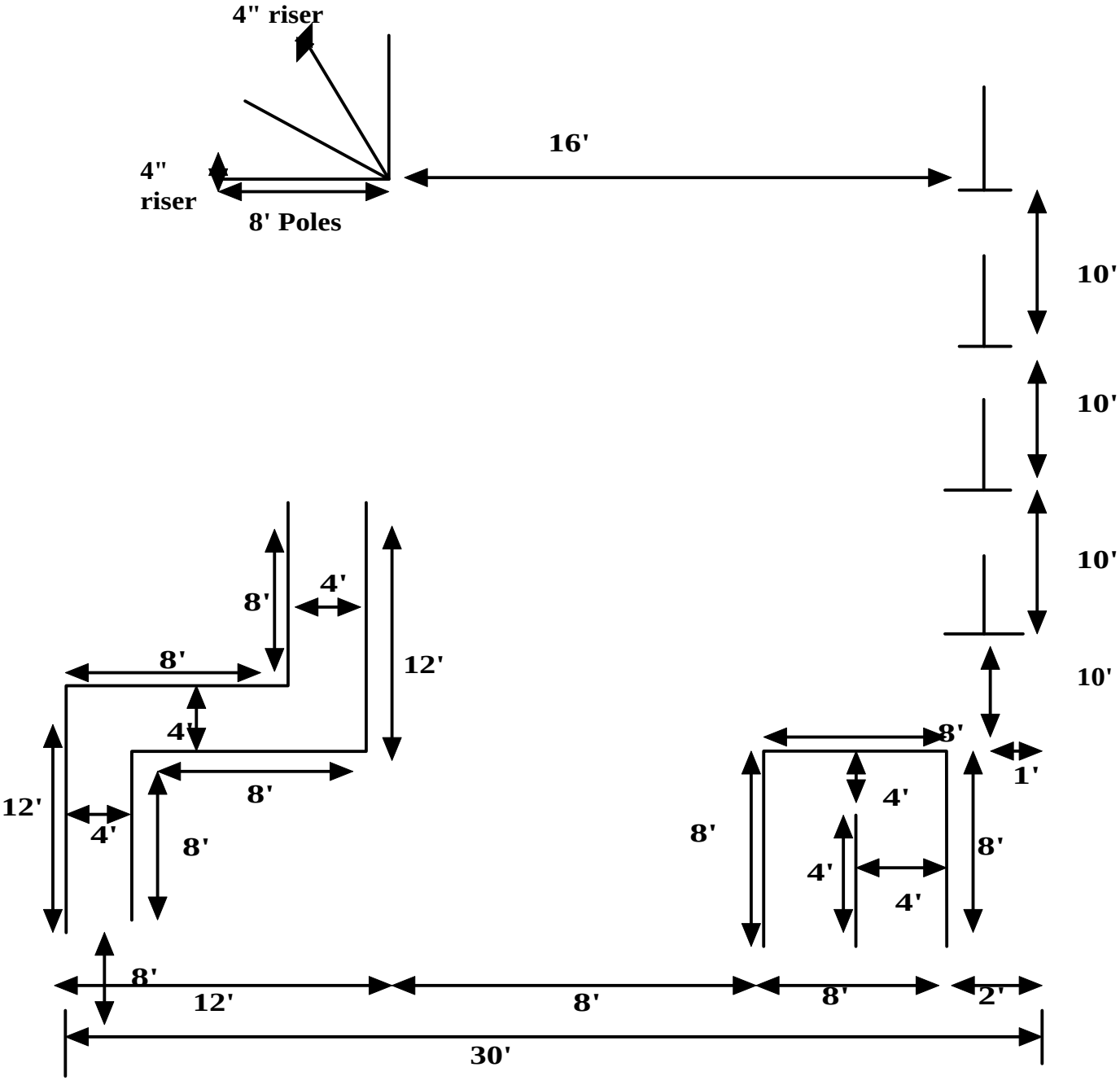

OHSET
2009-2010
In Hand Obstacle Relay

Revised 11-06-09

Equipment Needed:

- (2) 12' poles
- (11) 8' poles
- (2) 4" risers
- (1) 4' pole
- (6) Gaming poles (2 for start line and 4 for the weave
- Flour or lime for start line