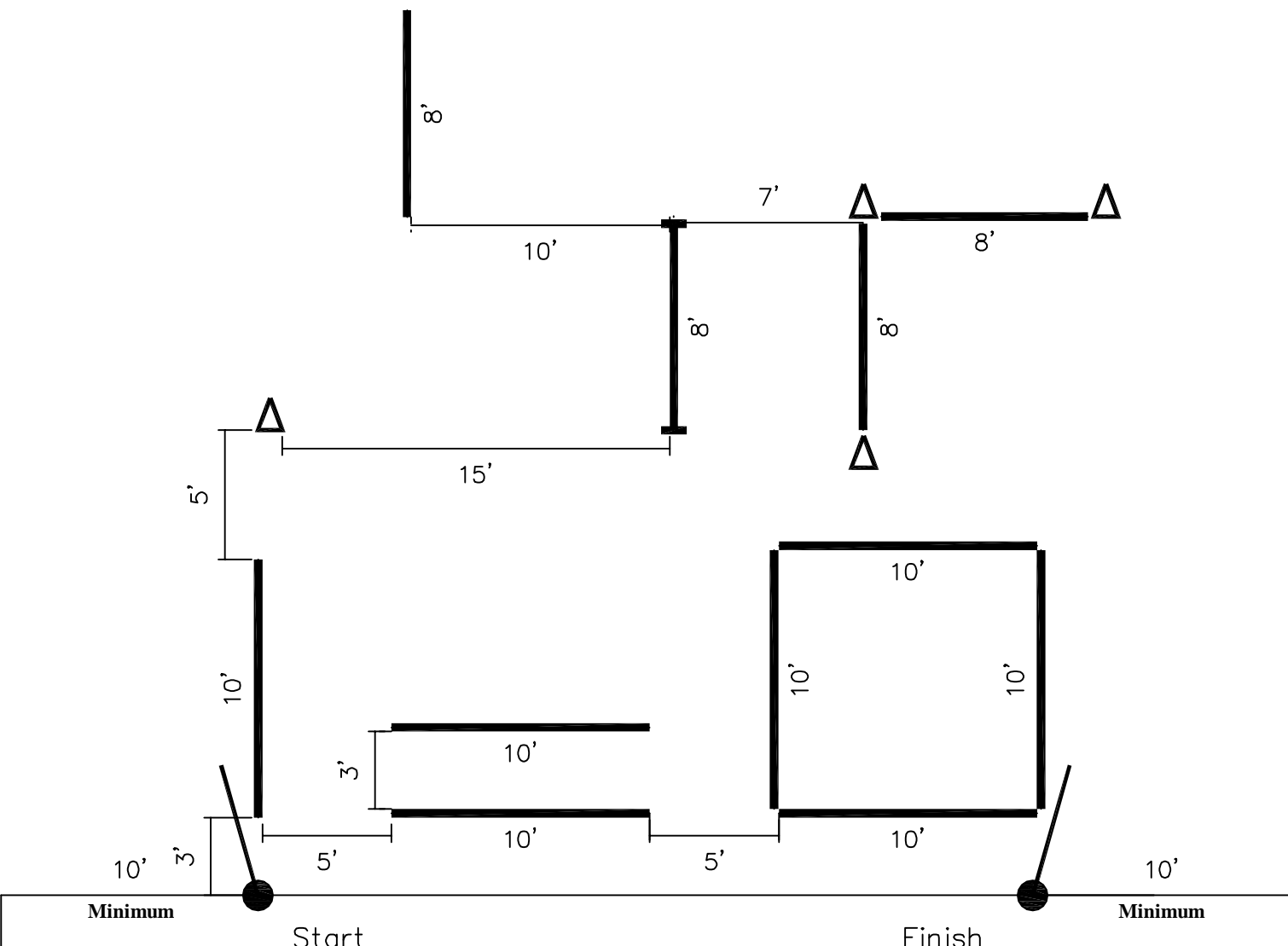


# IHOR Setup Instructions

## Measurement Instructions:

1. Measure minimum 45' from back wall and 10' minimum from left wall. Set left start pole
2. Measure 30' to right of left start pole and set right start pole
3. From left end of starting line measure 3' and place 10' pole
4. From bottom end of pole measure 5' to the right and place 2nd 10' pole
5. Measure 3' width and place parallel pole
6. From far right of bottom pole measure 5' and place bottom left corner of box  
place remaining poles for box with ends touching
7. Go back to original 10' pole and measure 5' from top of pole, place cone
8. Measure 15' from right of cone and place riser for jump
9. 2nd riser should be just under 8' apart to allow riser to hold 8' pole
10. From top of measure 10' to the left and place bottom end of 8' pole
11. From top of jump measure 7' to the right and place cone. Place 8' poles straight off  
of right side and bottom, then place cones at end of poles

Note: All measurements are inside edge to inside edge except cones.  
They are measure from ceneter of cone



**OHSET**  
**PATTERN #1**  
**In Hand Obstacle Relay**  
**(I.H.O.R.)**  
 #1.13.18 Revised 12-17-17

Equipment List:
(2) Gaming poles
(7) 10' poles
(4) 8' poles
(2) 10" risers for jump (Top of pole should be 12"-14" from ground)
△ (4) Standard Cones