

OHSET

*Excellence in Equestrian Athletics
Team Management and Rules*

2017 Coaches & Advisors Training
Redmond Oregon




Informational Meeting

- OHSET Mission Statement
- Athlete/Parent Expectations
- Varsity Sport
- Team Rules
- Fees
- Coaching Philosophy




Athlete Expectations

- Academics --- Form online
- Team Meetings
- Goal Setting – this is part of the Registration
- Practices
- Code of Conduct



Parent Expectations

- Role at practice
- Code of Conduct
- Parent/Athlete/Coach contract
- Meet Expectations
 - Volunteer to work events – Should be set before the meet
- Parent Jobs
 - Uniforms
 - Fundraising
 - Cook/food room
 - Treasure



Team Leadership

- Coaches Role
 - Practice
 - Choosing teams/tryouts
 - Sportsmanship
- Advisors Role
 - Registration
 - Conflict resolution
 - Team building
- Chain of Command
 - Athlete
 - Coach/Advisor
 - School
 - District Chair
 - State Chair



Practice Expectations

- Where, When, Cost, Mandatory
- What to expect at a practice
- Who can ride
 - All registered athletes and grooms
 - Coaches if space allows
 - No family members or potential athletes
- Registered coach 21 years or older MUST be at all practices
- Invited trainers/volunteers



Lettering Requirements

- Schools Requirements
- This should be in your team rules
- Examples of Team Requirements
 - Qualify for state
 - Varsity points
 - Years in OHSET
 - No Code of Conduct Violations
 - Participation
 - Coaches/Advisors Decision



Safety: Must be a Priority

- Helmets and boots required for all mounted or driving athletes
- Skill level of horse and athlete
 - **Coach has the right to say NO**
- Coach should evaluate each event before a meet
- Coach has the final say
- Animal's health
- Report all accidents – form online



Team Meet Expectations

- Athlete requirements
- Parent requirements
- Event requirements
- Who can make class changes
- Athlete supervision
- Support team members

